

Ep #48: How to Gain a New Perspective and a Bigger Purpose



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With Your Host

Brooke Keeling

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Want to have it all? Well, the best day to get started is TODAY. Welcome to *Love Your Living*, a podcast for ambitious women who want to take their life and business to a WHOLE new level of success. I'm Brooke Keeling, multiple six-figure business owner, passionate entrepreneur and your host.

Welcome to another episode of the *Love Your Living* podcast...

Hello everyone, and welcome to the *Love Your Living* podcast. I am Brooke Keeling and I am so excited to be here with all of you today. Now, as I'm thinking about all of the things that I want to talk to you guys about, I'm like, golly, how do I squeeze this into 35 minutes?

So, here we go. For those of you who do not follow me on social media, you should, especially Instagram. You can go and check me out, check out *Love Your Living*, @brookekeeling_. You can also find us at *Love Your Living* on Facebook.

So, the reason why I said that is, for those of you that do follow along, I've done a lot of Lives recently on my recent trip to New York City and all of the feelings that came up for me while I was there. So, some of this might be a bit of a duplicate for you. But this past weekend, I did a photo shoot in New York City and I felt all of the feelings.

Now, you guys, I have been in this whole world of growth and self-improvement and the coaching world now for five years. And when I think about that five years, I think, holy shit, how far I've come in five years. My perspective on life has literally changed in five years. And when I start working on a new topic or I start learning a new topic or how to manage different things, oftentimes I get really frustrated with myself because it's not fast enough, right?

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I want everything now. I want everything tomorrow. And as Tony Robbins says, “Most people greatly underestimate what they can do in a lifetime and they greatly overestimate what they can do in a year.” And so we get really frustrated with ourselves because we set really big goals for a year’s period. We set these New Year’s resolutions and all these big goals and then we don’t see it come to fruition and we start to give up. We start to think, that’s not working or I’m not good enough or whatever it may be that you tell yourself.

But the reality is, it takes more time. So we overestimate what we can do in one year and we greatly underestimate what we can do in a lifetime. And looking back at five years, it feels like five years, that’s not that long ago, right, five years. My life has changed. My income has changed. My mindset has changed. Literally everything in my life, my beliefs have changed. I have grown so much over the course of five years and it has been because of my immersion in self-development and growth and business.

One thing that I have noted here that I want to talk about today that I already made mention of was perspective. It’s all about perspective, right? This was such an eye-opener for me this weekend because I was in settings and doing things that I was not comfortable with, that I’ve never experienced before, that a year ago I thought was absolutely ridiculous and absurd and why would anybody waste money on stupid shit like that?

And here I sit, doing all of those things that I think is ridiculous. And it dawned on me that it’s all about perspective. There’s perspective on how much money you spend or you don’t spend. There’s perspective on the glass half full or half empty. It’s all perspective. Everything in our life is how you look at it. It’s what lens you’re choosing to look through at any given moment in time.

That was a huge realization and kind of me checking my thoughts at the door and looking at how I was viewing life and how I was looking at some

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of these experiences. Now, to give you guys more insight as to what my weekend looked like the other weekend and why it was so uncomfortable, I will be totally open and honest with you so hopefully you can take some of these concepts and apply them into your own world.

Now, anytime that we put ourselves outside of our comfort zone is where we grow, right? But as human beings, we are trained since the day we were born to be safe. That's our fight or flight. That's our internal lizard that tries to keep us safe, tries to keep us comfortable.

However, when we're comfortable, we're not growing. And when growth happens, when the biggest amount of growth happens, it's outside of that circle of comfort zone. And most of us aren't brave enough, the average, which I know all of you are not the average, are not brave enough to put us outside of that comfort zone because we're scared of failing. What if, right? What if I fail? What if I lose everything? What if I don't enough money? What if I disappoint my family? What if, right?

And so we keep ourselves in this safe place and in response to that, we never live up to the true potential that we were meant to live on this earth in this short period of time, what I think is a short period of time, that we have. And the more that I grow and the more that I'm able to experience some of the most incredible things that I've experienced already in my life and I feel like I'm just getting started, I realize just how short life is and how much we take for granted on a day to day basis; our health, being able to walk, our family, a roof over our head.

I saw homeless people this weekend. I saw a man dressed in a suit with no arms. I saw all of the things that I felt like I was meant to see to look at my life from a different lens, from a different perspective. Here I am squirming about the amount of money that I just spent with a personal stylist at Bloomingdale's for the first time; an experience that was so incredible and I don't feel guilty about it because some people can't do it, but really, it's

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money, right? It's just money. And those experiences, I'll get to that in a moment, but those experiences are what creates the life that we want to live.

So worrying about these little things that really make no difference in the grand scheme of things, it's just a thought that we have at that moment in time, and then looking at other people's lives and then realizing just how fortunate we are – this weekend, I came back to my family, to my home, feeling like I have every piece of support that I could ever need in my life.

I left feeling like I was longing for something, that I needed more in order to become the person that I was meant to become, that I needed all of these things and this stuff. And while being gone, and by saying yes to the experiences, my world was turned upside down, literally.

I met people that have been on my bucket list, really, that I didn't think was going to happen, and I said yes to it, even though it scared the shit out of me. And I made it happen and I was able to connect with some beautiful, beautiful people on the most incredible level, and I'm so grateful for that.

And some people might look at my experiences, some people might have looked at my Facebook Lives and looked at what I'm doing in my life right now and think, wow, you could be doing so much with this or you could be helping your family or you could be, whatever, you name it, you're so lucky. And I've talked about this on another podcast. I said yes to that.

I got out of my comfort zone. I made it happen. And that's what I want all of you to know and understand, that every decision that you make in your life, everything that you say yes to or you say no to is creating the bigger picture version of what it is that is going to present itself in your life.

So, all of the time, I hear people say, "Oh, I really wish I could..." especially now, like we're doing so many more programs and creating opportunities

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and experiences for people and I hear people say, “Oh well I wish I had the budget for that. I’ve already spent my personal development budget this year.” And I’m like, whoa, what is that? You’ve already grown too much? You’re already enough?

And I know that we should all be smart about budgets, and I think the rule of like 10% of your income should go to your personal development budget. I have spent way beyond 10% of my income over the last five years on personal development and mastermind groups and different experiences. That is what has allowed me to become the person that I am today and continue to saying yes to those things that scare the shit out of me, that I don’t know how I’m going to make happen, but I say yes to it and I figure it out, that’s what’s allowed me to get to where I’m at today.

And you guys, I’m going to tell you that there is nothing about it that’s comfortable; nothing. There were so many times, so many experiences where I’m like, what am I doing here? I don’t belong here. I’m not good enough. I’m not smart enough. Who do I think I am? Where do you think you’re going to come up with this money? So many times, and every single time, I figured it out and it’s allowed me to grow tenfold because of it.

So another word in the little note that I have here is a cute little phrase by Marie Forleo, who happens to be a huge theme of my weekend. And she always says, if you’re not familiar with her work, that everything is figureoutable. Everything is figureoutable. And that’s so true. What are you stressing about in your life? What thought do you have around it and what if you changed that thought to, I have everything that I need right here in front of me. I have all the support that I need right here in front of me. I have all the money that I need right here in front of me to support my dreams, to support me in this moment, to support me through this, whatever it may be. Change that language and know that everything is figureoutable. If you want something bad enough, you will figure it out. And I promise, you will figure it out.

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I love to notice people right now, to just notice them. Now, before I go into that, Marie Forleo has been such an incredible mentor over the last few years. Like, I've looked up to her, I've studied her material. I love her she's real, she's fun. I was styled by her stylist this weekend, Elsa Isaac, incredible. She's also going to be on our podcast, so you guys will have to watch out for that.

My hair was done by her hairdresser, Gregory Patterson, whom is one of the – both of these people, you guys, they're like celebrities in my world. They were the kindest, most generous, most fun people I could have ever expected. And maybe five years ago, I would have felt like a little schoolgirl. I would have showed up thinking that I needed to be a certain way, that I needed to act a certain way, that I needed to look a certain way, feeling the whole time in my skin like I'm not good enough or what does she think about me or these conversations going on.

And because of all the work that I've done and where I've showed up, I was able to show up in the most genuine way. I wasn't scared of them. I didn't feel uncomfortable. I felt like they were my best friends. The conversations that we've had – I mean, I was naked in front of Elsa half the time. The conversations that I had with Gregory, like, the most inspiring people working for someone that I've looked up to for so long was just a life-changing experience.

And if I would have let my fears hold me back, if I were to say, "I'm not quite there yet, I'm going to wait a little bit longer until the timing is just right..." let me just tell you this; Elsa Isaac, it costs a little bit of money to work with her, okay. so for me, I told myself earlier this year, I'm going to work with her in two years, because I'm probably going to have a baby and I don't want to invest in this experience until after I have a baby and I want to get to a certain place in my business first. I want to have a little bit more money; all of these things, all of these excuses.

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I'm so proud of myself for saying yes. Because of saying yes, I've built incredible relationships and now people who I feel like are truly my friends, it wasn't the last time that I've seen them, it was the first time that I've seen them, and I plan to go back. I plan to work with them in the future. I plan to recommend them to people that I know because they've made such a huge impact on my life. And that's what's going to allow you to continue to grow and connect with people. It was so empowering.

Now, going back to noticing people. And if you're around me a lot, I hope this doesn't make you feel awkward or like I'm looking into your soul, however, everything that you do represents what it is that you're asking for in your life. It's the energy that you're putting out into the world.

Are you saying yes to the opportunities? Are you saying yes to growth? Are you saying yes to your success, to your business, to your wealth? Or are you putting up blocks all around you? Within an instant, I think that one of my superpowers is to really understand people. And I can get people usually pretty quickly and see them on a deeper level, whether it's business or just on a personal level. And I don't say this to judge people, because usually when I look at people that way, I think, I would love for them to do this or I would love for them to let go of this so that they could step bigger into their true potential.

That's truly what I think about people, especially people that make an impact. I can see them. They're doing such great things. But I see right through the blocks that they're putting up or the conversation that I'm having with them. And I think, if they could only. And it's not my business to step in and say that to someone unless I'm coaching them or unless they're on my team or they're asking for my help, whatever that may be, but noticing people.

And I notice people. I notice different characteristics with people. And gosh, does it tell a story. And it tells the story of who you're becoming. So much, I

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hear people make up little excuses or reasons why they can't or I'm not ready or whatever it may be, just noticing how you're showing up and what you're creating in your life. Because again, you're not just lucky.

People that create luck, they create it on purpose. They're living a purposeful life. They're saying yes to the things that scare the shit out of them. They're pushing themselves to that limit, to that edge. They're playing at a higher level. They're figuring their shit out. They're saying yes to opportunities and experiences, and you guys, when you say yes to these things, your heart expands, the universe allows you to connect on a deeper level, but also, it presents these different opportunities and that's what allows all of the greatness to unfold.

And I've said this so many different times, but how you're showing up, how you're acting, how you're doing work, how you're saying yes or no to different opportunities, it tells your story and I see it in a second. And so, when I first started out in any business, in my real estate business or now in *Love Your living*, in this online world, it's so fascinating to me when we do put something out there and I hear different excuses around things. And I catch myself doing the same thing. You're either on or you're out. And it doesn't affect me. I think some people hear a no and it affects them on such a deep level, like I'm the failure. But I kind of turn it back around and it's like, well it's not about me. I know what I can deliver and I know what's going to be a game-changer. But it's about that particular person, whatever excuse may come up.

And in seeing the noise that comes up, seeing the quick blocks or the quick responses or the jerk reactions, you can tell that there's so much more underneath that I wish that I could show them, because for me, again, it's not about me. I just sit back and I kind of watch. I watch what's unfolding for someone.

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So don't dull your shine is kind of what I'm trying to get at. Don't dull your shine. Do things that scare the crap out of you. You know, I said this on one of my Lives recently and I was walking down to Central Park. It was about a mile and a half from my hotel. And I've been to New York only once before. I'm from a small town. I didn't do a whole lot of traveling in my childhood. And usually, when I did, it was like what's safe, right, still staying within your comfort zone and doing the things that are normal to you, like not experiencing new things or whatever it may be. There's nothing wrong with it, that was just kind of how I was raised.

And now, it's like, what new opportunities do I have? When I traveled, I didn't want to meet new people. I had my family. I was good. I didn't need new friends. Now I'm obsessed with meeting new people, hearing their story, understanding where they came from and what they're doing now and looking at their life. I love it. I love meeting new people.

Traveling five years ago on my own, I was shitting my pants. I first started traveling for mostly coaching events with my business. I would get to my destination, I would barely leave my hotel. I didn't know how to connect with people, and so after certain settings were done, I would go back to my room, I would work on whatever I wanted to work on, head down in my homework or in whatever assignments I read and that was really great. I got so much out of it.

But what I've learned is being able to be open to meeting new people while on these experiences is what allows me to grow even more, having conversations with people, connecting with people, running different ideas by them. That's what's allowed me to connect even more and grow so much more than just going back to my room and working on a workbook.

So, five years ago, I would have never in a million years just jumped in an Uber and toured around the city on my own until nine o'clock at night. I would have never, never, never in a million years decided, hey I'm just

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going to go out and see if I can find my way to Central Park. It's a mile and a half away. I have my phone. I'm good, right?

And then, I got to Central Park and I was looking at my life and I was just so grateful for the connections that I have made and I'd realized how big of an impact this weekend had made in my world, and it truly felt like I was just transcending to this next level. That's truly what it felt like to me, just an out of body experience. You can see yourself just floating up and leaving what you need to leave behind that's no longer serving you. I've had that vision for like five days, and it's so powerful.

I think about it because it's so deep. What I'm feeling right now is so deep and so amazing when you tune into it. So as I'm sitting there in New York City in Central Park, I'm realizing, like, how brave I've become. And when someone walks by, I smile at them and I say good morning, and they say good morning and it's a beautiful thing versus head down or I don't know this person or stranger danger.

And that's just five years of pushing myself outside of my comfort zone. If I would have just stayed where I was comfortable for the last five years, you guys, I would still be probably living in my 800 square foot condo. Maybe not because I have an incredible husband that, you know, had a safe job at that time and we would be doing just fine living in a beautiful home still and whatnot, but he wouldn't be in a business where he basically runs his own business. I wouldn't be in the business that I am in. We wouldn't have what we have today by staying safe, by being comfortable.

Now, one of the other things that came to me while I was away this weekend was just noticing all of the things around me and the life and the experiences and the hustle. I met an incredible person that I mentioned previously. His name is Gregory Patterson and you should check him out on Instagram. He has some incredible brands, different products. He's an incredible stylist. New York City based but literally flying all over the world.

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The biggest heart that I probably have ever met, he had the privilege – I asked him...

So you guys, I can barely even get through this without crying, and he couldn't tell me it without crying. When I was getting my hair and makeup done for our first day of shooting, I had already worked with Elsa the day before, literally the whole day, and I left the store feeling like I was going to physically be sick. I thought I was going to be throwing up because I was just so overwhelmed by the experience and the discomfort and the amount of money that I spent, all of it. It was not comfortable for me and I was like, what the fuck are you doing right now?

So, next morning, I'm doing a little bit better. I have hair and makeup in the morning. We are doing a full shoot. And I sit down and these guys make me feel so comfortable in a setting that I've really never had before. And as we're talking and stuff, I said to them, what has been the most powerful experience in your career so far? What has been the thing that you really loved more than anything?

And of course, I'm thinking from Gregory, he's a celebrity stylist, I'm thinking he's going to tell me, oh I did Beyoncé's hair, you know. The answer that he gave me was incredibly powerful. And he said, "Just a year ago I got the opportunity – I was on QVC..." he was on some morning show with, I don't remember who the newscaster was or whomever it was where he was at, but he was on their show the day before and he was tuning into the news when he was back at their hotel and the woman was telling a story about a boy that asked three young girls with disabilities at his school to prom.

It was a young teenage boy, probably 17 years old. He wanted to make sure that these three girls within his class, his graduating class, had a date and had the prom experience. Gregory was tuning in and watching it and he was like, this boy is incredible. And so he texted the woman that was on

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the show and he said, I want to be a part of this. I want to do their hair. I'll do whatever I can, I'll do it for free. I would love to be a part of it.

And he was all excited about it, but he's like, I didn't know that I would be able to get a response. And he said literally while he was sitting there still watching, the woman read the text message on the news channel and she said, you know, I just got an incredible text and they'll have hair and makeup. He flew in his crew and he was able to be a part of this.

Now, this is a man who has a ton of success, flies all over the world, has incredible opportunity, and that was the thing that he was the most proud of and the best experience that he ever had. It wasn't a celebrity, it wasn't whatever, it was him being able to give back. And he was showing pictures of that day and they were so moving and touching. Between him and this young boy that made the effort to make someone else's life incredible, they literally made these girls' experiences an experience that they're never ever going to forget and they also allowed them to feel loved.

He said, you could see how much it meant to them when they looked in the mirror and they saw themselves. And he said, that's a moment that I'll never forget. And one of the girls looked at him and said, can I give you a kiss, and kissed him on the cheek, and it was the cutest thing ever.

Hearing those stories is what fuels me to do more in life. It's what allows us to connect with these people that we're meant to connect with that have a bigger purpose. Goals and money are not just about money. I love money. And the reason why I love money is because it allows me to make a difference in this world. It allows me to create opportunities for the people around me. It allows me to create wealth for my family.

And when you get to that point when you're not self-serving but you're serving others, gosh you guys, life changes. And when he said that to me, what was so interesting and what was so amazing about that day is I had

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all of these feelings, right? I was like, what am I doing? What if, what if, what if, what if, right?

I was making up all of the excuses. I had all of these thoughts. I was swimming with money mindset. I was just like, who do you think you are, all of these thoughts, right? that morning, as I got to the studio, we were doing my hair and my makeup where we were shooting, I opened up Facebook, which I don't open up Facebook that often, and the first thing that popped up was a post from one of my team members who's been on my team for the last two years that I've seen grow in so many areas of his life that I'm so proud of.

And this post was exactly every single feeling that I've had but in his own word and in his own life. He was talking about how he had the opportunity – they just opened up another side business and along the way there was so many times he could have quit and they just had this opportunity to do something new and he had all of the same thoughts that came up that I was working through. And he said, I did them anyway, and by doing these things it allows me to continue to grow. And I couldn't have been more proud of him for posting that.

But it was a big eye-opener for me that by me continuously growing and pushing myself, it inspires others to do the same. Now, on that note, I have been really, really questioning that thought and having a hard time with that thought over the last couple of years because I had a partner at Date With Destiny, who is a very successful man, and he was in a very different phase in his life. But at the Date With Destiny event, you're paired with someone that you don't know and you work through them basically the entire week.

So you get to know people very, very well. And I think he lived in New York. He had two boys that were now off to college and him and his wife were in this next chapter of life. He owned an extremely successful business and

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was looking more towards the retirement side of things. He's learned a ton on team-building and business-building and growing a business from like two employees to like a thousand employees.

And I said on my – on the very last day, you put together all of these rules that you live by, new rules, you rewrite your rules of life. And one of my core beliefs, my values and my rules, as I wanted to continue to always push myself and grow so that I inspired those around me to do the same. And he questioned me on that and he changed my thought process on that because he said you can continue to grow, but you're not always going to inspire others to do the same, because sometimes you do, you have family members, you have friends that don't approve of what you're doing and you start to outgrow those relationships. And that's okay.

However, I took that as, that should not be one of my goals because if I grow it doesn't inspire others to do the same. And this weekend, I really checked myself there and I do believe that that is true. I do believe that by pushing yourself, by growing yourself, by putting yourself out there, you do inspire others to do the same.

Not only did I get that message very clear from a team member, that thanked me, but I also saw that in my own mentors that have continued to push themselves, that I look at and say if anyone's going to figure it out, they're going to figure it out. Whether I like what they're doing or not, they're going to do it. They're never going to give up.

That's what inspires me to continue to do the same. So remember that. And I hope that you agree with that as well as you continue to grow. I'm starting to see so many people around me, I get incredible notes and card and messages from people and I have been at this for a year now in the online space. And sometimes you feel like nobody is listening, but I get so much love back now. And I'm telling you that if you're there, if you're questioning things, if you don't feel like you're moving fast enough, if you

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think you're making the wrong decisions, if you feel like you're not playing to your edge or you're within your comfort zone, you have got to get out of that.

Believe in yourself. Inspire others to do the same. You know, I look at that with my daughter. If I have a hard moment, if I feel like things are not going my way, I think what would I tell my daughter? And if she was old enough to see me and I had to tell her what I was going through and I was going to give up or I was going to quit or I was going to do this, it makes me check my shit at the door real, real quick.

And maybe you don't have kids and maybe you can just resonate with this on another level, but what I've learned through my growth and through building my businesses is that in the beginning, it started with me. I wanted something different for my life desperately. I wanted something more.

And I went through a phase of more self-serving, but really just, you know, so solely focused on these are my goals and I need to get to them and I'm going to do whatever it takes to get there. That served me incredibly well. But now, I'm in a position where I have an incredible team that I never thought would give me back what they're giving me back, the light that they give me when they shine, lifting them up and inspiring them to do more than what they think they're capable of, watching them achieve something that they have never thought that they could achieve for themselves, I cannot tell you how powerful that is.

That is more rewarding than anything, seeing how it's making an impact and a difference in the people's worlds around me, whether they're working with me or not working with me or believe in the same things or not, it truly is transcending to this next level and spreading the love and the light in the world and seeing that in such a different perspective. It's all about perspective.

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So those are some of the really big things that I've learned in my journeys this last weekend where it was filled with so much emotion, so much pushing myself outside of my comfort zone, which I so appreciate because I feel like I needed this swift kick in the ass. Like, hey, you said you want to play at the next level, hey girl, step up, get uncomfortable.

Knowing that my efforts and pushing myself outside of my comfort zone, the messages that I got from my team members while I was away, you guys, so incredible, so incredible. I wish that everyone could feel the feelings that I'm feeling right now, my family, my team members, I'm so full. I feel like I have everything that I could possibly need to support me in my efforts in moving forward towards my goals. And I want to give that to other people so badly.

It's like my mission. I know what's out there and I know that there's so much more and I know that I'm just getting started. But what can I give to other people and how can I help them experience just a quarter, an eighth, a sixteenth of what I feel right now?

And that's not to say that there's not struggle. That's not to say that there's not hustle. That's not to say that there's not hard work ahead, because guess what, you don't get to just go do these things and then not do the work. You don't just get to go charge up your AmEx and then come home and sit on the couch. So I don't want you think that this is just all woo-woo and like throw something out in the universe, cast a net, and there you go.

We have to do the hustle too. You have to do the work to make the effort happen, do the work on ourselves and say yes to the things that light us up, say yes to the little things that keep presenting themselves in your life. It's a sign to go there, lean in, keep going, push yourself outside of your comfort zone, so something that scares the shit out of you, and I promise you, you're going to figure it out.

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As Marie Forleo says, everything is figureoutable. And if you're just starting on this journey, know that it's a journey. Look back and be grateful for the things that you're learning and know that it doesn't happen overnight. And the whole point of the destination, it's not the destination itself, it's what you learn along the way to that destination. That's life. That's incredible. That's the experiences. Go out and experience life.

I hope you guys got some takeaways from this episode. It's near and dear to my heart. I had such an incredible weekend. I'm so happy to be home and I used to travel, and when I came back from traveling, it would take me out of sorts a bit. Like, it would take me a while to jump back into work. It's like I needed a day, I needed a day to rest up.

This trip to New York City was by far not a vacation. I flew out Saturday morning, I went straight from the airport to do a shop session with her, left there at like 5:30 in the evening, did a dinner, was back sleeping by whatever time, I don't remember because I had a couple of drinks. I shot the entire day the next day and I got up and I did the whole thing the next day, and then I flew out.

So, it was not by any means like a restful vacation, and I came back so inspired. I came back feeling like I was on fucking fire, that I am on fire. I didn't need time to rest up. I wanted to dive right into all of the things that I was working on. And again, looking back, like even three years ago, this is not the norm. And so just pay attention to the things that are shifting and changing as you continue to do the work, as you continue to put yourself out there, as you continue to go on this path, as you continue to say yes.

And say yes, you guys. Stop playing small. Invest in yourself. If you don't have a coach, if you're not part of a mastermind, if you're not part of something bigger, go and do it. It will be life-changing, I promise you. Be open to new experiences and open to growth and your life will be changed forever.

[Love Your Living](#) with Brooke Keeling

Ep #48: How to Gain a New Perspective and a Bigger Purpose

So, that's what I have for you guys today. I am riding high on all of these incredible vibes and I hope you guys enjoy this episode. I'd love to hear your feedback. So again, if you don't follow us on social, @brookekeeling_ on Instagram, you can also find us, *Love Your Living* on Facebook for some of the greatness that has been going down. And we have a lot of fun and keep it real too.

Also, you guys, if you have not already left a review for the podcast, I would so be appreciative if you would spend just five minutes writing a five-star review with like one sentence. I would love, love, love that. We have some incredible guests that I'm just starting to work on release dates and I would love for more people to be able to hear and experience those incredible powerful interviews that I have had. So if you have not already, please leave me a review and share the podcast with your friends, with your family members, so that we can get more people on here hearing all of these incredible messages.

So, thank you guys all so much. I hope you have an incredible week, and we'll see you next week.

Thanks for showing up and listening to this week's episode of the *Love Your Living* podcast. If you're ready to create a business and life you love or simply take your already-pretty incredible life to the next level, head on over to loveyourlivingonline.com or simply check out the link in this week's episode of show notes to instantly download my 6-Figure & Beyond Business Blueprint. You're going to absolutely love it.