

Ep #66: What it Really Takes to Create Your Dreams



Full Episode Transcript

With Your Host

Brooke Keeling

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Want to have it all? Well, the best day to get started is TODAY. Welcome to *Love Your Living*, a podcast for ambitious women who want to take their life and business to a WHOLE new level of success. I'm Brooke Keeling, multiple six-figure business owner, passionate entrepreneur and your host.

Welcome to another episode of the *Love Your Living* podcast...

Hey everyone, and welcome to the *Love Your Living* podcast. I am your host, Brooke Keeling, and I'm so excited to be here with all of you today. Now, I am coming off of such a high of so many firsts, so much all happening at once and I want to give you guys a bit of the behind the scenes on all of that, but also some of the big a-ha's I've had with having incredible conversations with so many amazing women, what their biggest business struggles are, what is holding them back, what it is they need in their businesses in order to move forward, and more than anything, what it truly takes to create a business and the life that you really want. What does it really take for you to achieve your goals?

So, let's dive right in. So, over the last few weeks – and this has actually been months in progress. I don't think that we really take into consideration all of the planning that is needed and the time that is needed to make big things happen in your world. Like, we all want this instant success, we all want instant wins, we all want instant deposits in our bank account. We have brilliant ideas and we just think, okay, this is an incredible idea, I'm going to put it out there for the first time and my life and business is going to be changed forever.

The reality is that's not quite what happens. And it's so interesting because I see my two-year-old doing this to me now where she gets frustrated with coloring or she gets frustrated with riding her bike or she gets frustrated with certain things where you can tell her mind just wants to do something but she doesn't quite have all of the skills to execute it the way that she wants and she'll say I'm just so frustrated, I can't do this.

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Any my response to her is, girlfriend, you have to just take a deep breath, you need to have some patience and you just need to practice. It takes time. It takes practice in order to get to where you want to go. And this applies to every area of life and in every area of business.

So, over the course of the past few weeks, everything in my world seems to always happen all at once. And so we have these waves of just crazy madness happening, whether I plan it that way or not. And we just launched our Made to Get Pain academy, so we now have created a live version of it as well, which is absolutely wonderful.

I led an awesome challenge that we had hundreds of women in that was so much fun, leading them over the week. And we hosted our very first retreat in Savannah, Georgia a couple of weeks ago which was like a dream come true, something that I've been working really hard for and towards over this last year. And in addition, we just wrapped up our very first mastermind group as well.

So a group of ladies that I put together at the beginning of this year, we've worked together closely over the past six months and we just wrapped that up as well. So, I want to share with you guys some of the conversations that I've had, some of the feelings that I've had with working through putting all of this together, what I've had to work on, and some of the conversations that seem to be a recurring theme in so many peoples' businesses and high-achievers' lives and all of that.

So, let me just start by, one of the first questions that I've had and one of the biggest a-has and one of the things that I get frustrated with sometimes too. So it's really easy to say you want all of the things in the world. It's so easy to want to have big goals or want to achieve a certain level of success or a certain level of income.

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And when I see a common theme – so I have conversations with women every single day, with my own peer group, with my own coaches, and I always try to think – because this is a question that I ask my coaches and mentors all the time – what do you see in people that you immediately think they are going to make it or they're going to make big things happen or I want to be their coach or their mentor, they're going to make stuff happen?

And so I think this on my own side too. And after having so many different conversations with people, it's like, I just want to shake people sometimes. And if you're one of these people, maybe you need to hear this. But when I see someone that I know is going to really thrive, they are 100% committed to their growth and to their dreams. And that also includes investing in themselves.

They are the ones that are doing the work. They are the ones putting in the time of self-development and growth. They are the ones that are saying yes to opportunities. They are the ones that are showing up every day, even when they don't want to show up. They are the ones that it's like you can reach out to – I have friends like this, where I can reach out to a friend and be like, hey I know this is an investment, I know this is time, I know that this is whatever, this would be huge, are you interested in doing it, and they're the ones that say yes right off the bat.

Now, what's so fascinating about this is that I had one of my coaches in my own mastermind this last week to wrap up my mastermind group and he could pick those people out in a heartbeat. He knew immediately. And he sent me a message afterwards. And it's interesting because I want you guys to think about this; how do you how up?

What someone meets you for the first time, or when you reach out to someone for mentorship or for coaching or you have a conversation with a new peer group or you join a mastermind for the first time, what do people think about you? What is the first impression that you're giving off? Are you

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giving off what it is that you truly want to give off? Does someone, so for example, behind your back or this particular situation, I had my coach that I had been working with for several years reach out and say this person is a total boss, this person, I can tell they're going to go get it, I love that they didn't flinch at this or that or whatever. They're a massive hustler, I respect that.

What do you want people to say about you? What do you want people to think about you? So it's how you're showing up and are you walking your talk? If you want all of these big things in your life, what are you doing on a daily basis to make them happen?

So you can look at people that have created massive success. I look at my coaches, I look at my mentors, I look at other women that I've worked with, people within my mastermind group. And they show up differently than other people show up, but they're also investing themselves at a level that others are not investing in. so you have to invest in yourself.

So this brings me to one of my very first hot questions or things that come to me all the time is that I don't have the money. How do you find the money when you don't have the money? Guys, almost nobody has, like, all of the money and all of the means in the world just sitting in their bank account. They don't have all of the funds readily accessible to make something happen or to invest in something that is going to take them to the next level, but they find a way.

They find a payment plan, they find baby steps in how they can start making that effort moving forward. And so it's so interesting that I can have conversations and consult calls with people that are, like, so determined. And then when it comes to actually investing money into themselves, they shy away from it. And I can tell you that those people are going to take so much longer to accomplish their goals. And if they were to invest in themselves, invest in hiring a coach, invest in a peer group that is going to

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help them get there faster because you cannot do it all alone. You just can't.

I can look at all of the people that I look up to and I can go back and say, what is the number one thing that has allowed you to create the success? It's their peer groups. It's the fact that they've invested heavily in themselves. It's the people that they've surrounded themselves by. It's finding a coach or a mentor that has already done what they've done and that can show them the way.

That's how they've gotten to where they're at today and they continue to invest in themselves, that price tag gets bigger. And so it's no longer just like, well what I invested in five years ago, yeah, I could pay up front, I could pay in full, that's no big deal. But now I'm at another level and I'm going to have to figure out how I fund it, how I make it happen, right?

You can never stop investing in yourself if you want to continue to make massive moves and create bigger and more success in your life. So that is number one, one of the biggest things, what allows you to create your dreams? Your associations are everything.

I was listening to High Performance Habits, which I have read previously and I was listening to that when I was traveling and that was one of the big things that came up, that people underestimate how much their associations and their peer groups affect their goals and dreams and the successes in their life.

And how Brendan Burchard explained this and how he related to it is looking at children and looking at how they're raised or the situations that they're in and they don't have any control over that. And so it's understanding that some things you can't pick and choose, but it doesn't define who you are. And as you get older, you're able to make better

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decisions and surround yourself by people that are going to lift you up and help you and it's so, so, so powerful.

And even as parents, we don't think about how much impact we're making and the decisions that we make in our own lives and how it affects our kids and how it's setting them up for success. We're creating the environment that they don't have any control over. And so I find that very, very fascinating, investing in yourself, it's huge. And finding excuses, finding reasons out of it, talking yourself out of it, thinking I can do this on my own – you guys, you've got to invest in yourself. It is what it is. What else does it take to create your dreams?

It takes strategy, it takes planning, it takes having a clear direction of what the key tasks are you need to be doing in your business and in every area of your business every single day.

Now, I've seen this, okay. So I've seen this with people that I work with. I've seen this within my own network. We all get so excited, right? We have all of these ideas, these business ideas, and we want to do all the things, we want to create more success, we want to find something that fuels our passion and that's going to create so much happiness through the work that we're doing.

But what ends up happening is that idea and that fire that you have in the beginning starts to fade as you have to do the hard work. It comes back to wanting instant success, instant gratification. And that's just not how this whole game works.

I remember having a conversation with one of my mastermind friends in a group that I was participating in and she's like, you just don't get to. You don't get to just come out the gate and get all this massive success. It takes hard work. It takes failure, it takes investing in yourself. It takes falling down and getting back up.

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But what so many of us see and I think what so many people think about being an entrepreneur and being a business owner is that you have all of this freedom and you have all of this flexibility and we have to find work that creates passion in our life. And what if we thought about it the other way and we thought, okay, how can I bring my own passion of life to my work, whatever it is that you're doing?

Because once that hard work starts, once those fears start of putting yourself out there, of asking people for business, of pitching yourself, of showing up every day and getting beat down, guess what, it's not going to make you feel good. When you're working through staffing issues or you have things falling apart, it's so easy to say, okay this doesn't make me happy anymore, I'm going to get into this business because this is something I'm really passionate about.

We have to be able to understand and clearly articulate what needs to get done and run our businesses like businesses. It's not going to be fun every day. You're not going to just wake up and have joyous butterflies when you're going through your profit and loss or when you realize you have a month where you lost \$30,000 or when something doesn't work out the way that you want it to, or when a client fires you. Guess what, that's not fun. It doesn't make you feel good.

But that doesn't mean that you're not good at your work. It doesn't mean that that's not your passion. It doesn't mean that jumping into another business and trying that out is going to make you happier because you're going to keep running into those same roadblocks. Those same problems that come up, they're going to come up everywhere. It's just learning how to manage your emotions around the things that are coming up and believing in the dream that you have and believing and getting clear on why you're doing what you're doing, why are you in the business that you're in, whether it's to create – most people want freedom. We want freedom in a schedule, we want freedom in being able to work with who we want to work

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with. We want freedom in having a glass ceiling in what we can create financially for ourselves.

But that still takes a lot of hard work to get to where we want to go. So, having a strategic outline and business plan which I think that so many people are lacking, they're lacking a vision not only for their life, but then also for their business. If you don't have a vision of where you want to go, you can't put your key priorities in place on what it is that you need to be focusing on and what it is that you're building every single day. So having a clear business plan is crucial.

Now, one of the big things that I have also seen and I've experienced myself when it comes to creating and achieving your goals is there's never going to be a perfect time. I talk about this all the time. To give you guys just a very brief behind the scenes of what it looked like from a launch standpoint of my Made to Get Paid academy, there's so many details that go into the backend of that.

There's so much build-out. There's so much website design, copy, there's so much that goes into all of these things and different contractors that you're managing, different messaging, different things that you're approving. And time after time after time, each week we had delays on different work, we had delays on all of the things that were happening.

And it would have been so easy. There were so many times that I thought maybe we just bump this, maybe we just extend it, maybe we just wait another week, maybe now is not the right time. We will always have these excuses. We will always have things that come up that will easily derail us if we don't push through them and find the resources and truly understand that there's never going to be a perfect time. You are never going to be ready, ready, ready.

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You have to do things before you're ready. You have to put yourself out there before you're ready. You have to find different ways. Things do not need to be perfect because they're never going to be perfect. And so reminding yourself and telling yourself this as you're working through business ideas or different launches or pitching yourself or asking for business, you have to start doing it now because as you start to say yes, as you start doing it, even when you're not ready, you find answers that you didn't even know that you needed, or maybe you did need them and you couldn't find them because you were just stuck in your own rabbit hole staring at your computer trying to find an answer and the answers aren't going to come when you're, one, in that mindset, but two, if you're not taking any action, you're not going to be able to have conversations and the connection that you need that is going to give you the answers in how to move forward.

So, doing things before you're ready, that's a huge one. That's a really, really big one. It's okay to do it afraid. It's okay to be scared. It's okay to feel like a failure. You're going to fail. But we have to do it anyways and continue to put ourselves out there. That is a really, really, really big one. And just knowing, you guys, for me, my little phrase in my mind is that I always find a way.

So if it's a schedule snafu, if it's a timing issue, if things are going haywire in any area of my business, I just have to remind myself, yes, this may have not worked out the way that I have wanted it to, but I always find a way. Maybe I'm scared about an investment that I'm taking or I have a tight month financially, or for example the retreat that we just kicked off. It's literally up until the wire and I have people canceling or things are coming up, always something comes up.

Our flights were delayed, I barely made it in time. There's so many different things that come up that you learn from. But it would be so easy to just be like, oh my gosh, this is happening and I don't have any control and

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everything's just blowing up in my face. You have to be able to manage your mind and your emotions around the things that come up in your business and have something that you can go back to when things aren't working out exactly the way that you want to. Like, I'm going to do whatever it takes or I always find a way, I believe in myself, I always find a way. And it allows you to be more resourceful when things are not going your way.

What other big a-has for creating your dreams? One of the big ones I can tell you is I have so much gratitude. So we just held our first retreat, as I mentioned. It's a lot of work in progress. If anybody has hosted a live event or a retreat, it's one of the hardest things to sell and to get people to commit to doing. It's time out of their business, it's time away from family, it's travel, it's money.

I started retreating a couple of years ago, several years ago actually, and the reason why I wanted to start doing retreats and why it was one of my dreams and one of my goals to start hosting them is because of the massive impact it made in my life. Before I started doing a lot of this, I had started working with a life coach because I had the business side of things down, but I was miserable.

And so I realized, like, okay, I'm missing something. I created the business, I'm making the money, but I'm not happy. And so I went on this journey and I started working with life coaches and practicing, like, how to find fulfillment and create more pleasure, create more happiness, create more fun in my life as I was working towards more in my business as well and so that it all made sense. I could make a bigger version of my life and my business.

And through that journey, I started traveling a lot more, I started investing in things that scared the shit out of me and to trips and to different mastermind groups and I mean, not only is it investment financially to do these things for the travel and the investment into the programs or the

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groups or the travel, but it's also an investment in terms of you see it as I'm out of my business for a week or two weeks, how much money am I losing?

And my mindset quickly changed as I continued to push myself and saying yes to things, and what I can tell you guys right now is saying yes is the first step, okay. So for me, it's really easy to say, okay I'm going to start planning out 2020. What am I doing? What am I investing in? What mastermind group am I going to be in? What retreats am I committing to? What travel am I committing to?

It's really easy to commit to them and plan it out when it's not next week. Because when it's next week, you think about all of the things that are current in your life that you just couldn't possibly get away for, right? But when you're planning them that far in advance, you think, I have the time to do this, I'm going to plan it out.

And if you do not do this, please, please do this for yourself. I don't care if it's just you're taking quarterly trips to go and check into a local hotel for 48 hours where you're all by yourself or you're taking a little staycation. Whatever it is, take time out of your business and plan it now, otherwise you will never do it. When you get into the thick of your business and actually executing your goals, we don't take enough time out and it doesn't allow us to see clearly what we need to see to move forward.

And so for me, I always plan these trips really far in advance and it doesn't make them any easier once I get up to that point because my businesses don't ever stop growing. Once I start to get a little bit comfortable, I always push myself outside of that comfort zone and I take on more. And so there's never a perfect time for me to travel really ever, but I've learned how to – one, what this travel has done is allow me to figure out what I need in my business to support me so that I can live more of the life that I want to live.

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So it has made me figure out what systems, what processes, what people, what do I need in my business to support me actually having a life that actually comes down to a week to week basis of being able to have business hours and being able to have time out of my business that I didn't have five years ago. And so, when I wanted to start doing retreats, the reason I wanted to do them is that so many of the people that I associated with were high achievers, were killing themselves, you know.

In the beginning it's really fun to have those conversations, I'm working 14 hours a day and business is really great, I haven't had a day off in five months, and it's kind of like that's the language that you talk and it's really cool until it's not really that cool anymore. You're unhappy in your life.

So I started doing a lot of these things, and now, when I see people having these conversations or thinking that I have the same feelings, my life has changed so drastically that I want to help those people realize that that type of work and that hustle and that grind doesn't necessarily help their businesses. What I have learned is that taking time away, being able to surround myself with people that are doing different things in different businesses or industries that I can learn from, that are playing at a higher level than I am, that I can bounce ideas off of that aren't within my direct competition, that is so, so, so, so powerful.

But not only that, but to be able to just get away from everything in your life, whether you have kids at home, pets at home, husbands at home, or no one but housework and all of the things. When you're in your environment and you constantly have this list of things that you should be doing, but when you get away and you check out and you're able to think about what you want on a bigger level, that's when the magic really happens and that's what has allowed so much of my growth on a bigger level to come from.

And so I always ask myself, when I'm in those situations and I even said this at my own retreat, I said what are you leaving here in Savannah? Like,

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we worked on goal setting, we worked on, like, having the vision, creating the vision, so many different tools that they could take home and apply to their own life of things that I've learned and worked through, but also having some action steps to walk away with and really understanding, what is it that you need to let go of in order to step into a bigger version of your life?

Because at each stage of learning, we must give up something, even if it's a way of life that we have always known, in order to create more and continue to grow, we have to let go of some of those other things that are no longer serving us. And that's really hard for some people, but being in different situations and connecting with other likeminded people, it's so incredibly powerful. And coming back and feeling so clear and energized and so alive, that was a huge, huge gift for me.

So thinking about what does it take to achieve your goals, what did it take for me to create a retreat like this over an entire year? I mean, one, it took me years of investing in myself. So by investing in myself, I realized what some of my biggest problems were and what has held me back and now I'm able to teach it to somebody else.

But also, the biggest gift that came out of that is seeing the light and seeing the gratitude of what these people had and giving them an experience that they may have never otherwise been able to see or experience or be a part of. And that's really, really incredible and just makes me want to do even more of them. But it's also taken a lot of hard work to get there – work on myself, work on aligning with what it is, what's the messaging, what do I want to create and how do I create that and how to I articulate it in order to sell something like that – because like I said, retreats are really difficult.

Retreats and online are like one on one live and in person things, they're really difficult to get people to commit to. So that was a huge goal that I

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came away with was so much gratitude that I did it and excited to continue to do the rest of them.

But success does not happen overnight. It doesn't happen overnight. You have to continue to work towards them and not get caught off guard and not think like, well this didn't go exactly the way that I wanted to, I'm just going to give up. It's all a process. And when you can enjoy it and you can see that unfold as a process and learn along the way so that you continuously get better, that's where the greats of the greats are born. That's when you see someone is making a massive difference, the Rachel Hollis that everybody thinks was born overnight and she's like, look I've been working at this business for over a decade and people think I'm an overnight success.

You look at people and you think it's so easy for them, but what they're achieving in public, they've been working on for years in private for years and years and years, so you have to remember that.

A couple more things that I'll leave you guys with when it comes to creating your goals, achieving your goals, is one, you have to find happiness in your day right now. You have to find happiness in your life right now. Whatever your circumstances are, your conditions, finding gratitude in every single day. Every single day I wake up and one of the first things that I do as part of my morning routine is think of five things that I'm grateful for. What am I grateful for today?

Some days it's easier than others, but it's so easy to get your mind into a place of gratitude and abundance and beauty when you're thinking about the good versus constantly thinking about the bad and the things that you don't want in your life. The more that we focus on the good, the more good we are going to attract.

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So when I talk to so many people and even check in with my own thoughts sometimes, it's no wonder why we create so much negativity or hardship because we're constantly thinking about the things that we don't want in our world or the struggles that we have or the negative things that we need to deal with.

And, you know, one of the big things that we worked through in our mastermind and also that I've been working through is why do we constantly want more? Why are we constantly reaching for something more? Why can't we be happy and content and find that contentment within our own world?

And I think that this is a really, really, really fine line. I truly believe that it is. I think that you always have to push yourself. When you hit a goal, when you get too comfortable, it's time to step outside of your comfort zone again, right? It's like thinking about a bull's eye, like a dart board. You know, you're in one little bubble and you can really hone in and become the best of the best in that little bull's eye.

And then, when you get too comfortable in that little space, in that little safe haven, that little zone, then something's going to ping you outside of that zone and it's going to make you feel uncomfortable. You can either stay in the safe zone or you can go out and then you start working on that next level and that next level and that next level.

And so it's not about always being comfortable and always being content. I really truly feel that you have to find this balance of finding happiness, finding time out of your work, going and, you know, exploring, like, what makes me happy doesn't make you happy. And so what I have found that has allowed me to have a creative outlet or what my ideal schedule is or what makes me happy isn't something that I can just write a plan out and give to you.

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You need to go out and figure out what makes me happy, what do I really love and enjoying those things along the way, otherwise we are always going to be miserable. We are always going to be wanting more because we can't enjoy what we've already created in our own life.

So that part of it is so important, living your life, whether it's travel, whether it's gardening, whether it's cooking, spending time with your kids, whatever it may be, scheduling that time out and finding gratitude and appreciating and loving what you already have as you build and grow towards more. So, that's a huge part of creating more of what you want in your life and your dreams is finding the gratitude and the beauty of what you already have right now, no matter what you don't have or what you feel like you're lacking.

Find the beauty and the gratitude because, as you find that, your demeanor changes. Your confidence changes. Your body language changes. And so as you're out there working towards what you want to work towards, you're going to have this light of energy and energy period, versus being depressed and anxious or sad and bringing all of that negativity into the work that you're doing to try to create your dreams. So that's a huge, huge, huge a-ha.

And the last one that came from this last mastermind call that I just had with my ladies and a guest speaker that I had come in was what do you do when you're scared? You know, you guys, it's scary. Every conversation that I have around people creating a business or aligning more with an ideal client or quitting their day job and going all in on their entrepreneurial business, whatever it may be, there's always fear behind it.

There's always this fear of failure. There's this fear of finance. There's a fear of losing something, fear of comfort, whatever it may be. And when I asked my coach that I had come in that was part of the group, I said, how do you continue to invest in yourself? Because as I said before, you guys,

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as you get to a certain level, especially with high achievers, you always want to go to that next level. And that next level doesn't get less scary, you just have more on the line.

I said, how do you not get fearful? You know, he has a family, just bought a beautiful home, is building a pool, is buying apartment buildings, like, there's massive investments that he's making in his life. And so those investments, like I said, they don't get smaller, they get bigger, There's even more risk on the line.

And so my question to him for this specific group was like, how are you not fearful of losing it? How are you not fearful of, like, oh my gosh, well the economy might shift or this might ruin me or what if this one investment doesn't work? What if I lose it all, everything that I created, what if I lose it all? I have a family to support now. What if I make a bad decision?

And his response was basically the same response that I have gotten from anyone that I have asked this question to that I look up to or that I have worked with in business. And his response was so quick and so confident. He said, "I'm not scared to lose everything because if I lost everything tomorrow, I know that I would build it right back up. They're just things. I'm not losing my family. I still have my health. I'm still alive. The rest are just things."

So he is smart about the investments that he's making, the business endeavors, but one of the biggest things that he contributes to his success is investing heavily, heavily into peer groups that are playing at a higher level, so never stop investing in yourself. And he has said before, he would never be where he's at in his businesses. He would never have been able to build what he's built in such a short period of time if he wouldn't have been surrounded by those high achievers that have showed him the way to do it in his own business.

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But also too, like, as you continue to grow, he said, “I’m not scared of losing anything because I know that I would build it right back up.” It’s having that confidence in yourself and not being scared of what you may lose as you are creating more for yourself, having that confidence in your abilities and that, you know, I’m going to do whatever it takes or I always figure it out.

I think that is such a brilliant mindset and it’s so easy to be on the sidelines and look at someone and say, they’re going to really rock the boat now, or that was a bad decision, I think that they’re not going to make it, and then you continuously watch them make it. And they don’t only make it, they thrive, they excel, and it’s because of their confidence. It’s because of their resourcefulness and it’s because of the decisions that they’re making and investing in themselves and the resources that they need to continue to build their business and the life that they want.

So that’s the last thing that I’m leaving with you guys is don’t be scared to chase your dreams. Everything can be a little bit scary, but is it really worth sacrificing what it is that you want to create in your life and also knowing that things are just things, and when you have that mentality, it’s really, really hard for you to lose. Like, you may make a mistake, but you’re going to build it right back up, right?

Nothing is going to defy you. It’s up to you to create the life that you want and think bigger and go bigger and just go for it. We have one life. It’s short. I always say this. We have one life and it truly is such a short life. So take control of your life, take control of your destiny. Make the decisions that you need to make, take the risks that you need to make, and go and do it. Go and live your life.

So, that’s what I have for you guys today. I love your feedback. I love when you guys reach out. Let me know what you have that you’re working on that I can help you with and maybe one of these days we’ll do a Q&A podcast where I’ll answer your questions, so keep them coming.

[Love Your Living](#) with Brooke Keeling

Ep #66: What it Really Takes to Create Your Dreams

And in the meantime, if you guys are looking for something within your own world, we do have one on one coaching that we just started implementing within the last six months or so. So we have some one on one clients that we are on-boarding over these next couple of months. If you're interested in taking your life and your business to the next level, you need some help, you need some guidance, you don't quite know where to go, let's chat.

You can hop on a consult call and we can get you rolling in the right direction. I can't wait to chat with you. You guys, have a really great day, a great week, and we'll see you all next time.

Thanks for showing up and listening to this week's episode of the *Love Your Living* podcast. If you're ready to create a business and life you love or simply take your already-pretty incredible life to the next level, head on over to loveyourlivingonline.com or simply check out the link in this week's episode of show notes to instantly download my 6-Figure & Beyond Business Blueprint. You're going to absolutely love it.