

Ep #83: Being That Bitch and Finding Your Tribe



Full Episode Transcript

With Your Host

Brooke Keeling

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

Want to have it all? Well, the best day to get started is TODAY. Welcome to *Love Your Living*, a podcast for ambitious women who want to take their life and business to a WHOLE new level of success. I'm Brooke Keeling, multiple six-figure business owner, passionate entrepreneur and your host.

Welcome to another episode of the *Love Your Living* podcast...

Oh, hello, hello and welcome to the *Love Your Living* podcast. I am your host Brooke Keeling here, and I am here for my girls today, talking about tribes and finding your tribe and finding the support, because so many of us, I think, as we grow and create big things and step out of our comfort zone and push us, can feel a little bit lonely and can also feel really, really, really intimidated by putting ourselves out there, by being that bitch, by being not liked.

And there's a lot of pressure around this. You know, guys don't really worry about this, I feel like, the way that girls do. I don't know about you guys, but like my husband, he's a very kind man, and he's probably a lot nicer than I am.

However, like, he's very sure of how he speaks and what he believes in and, you know, how he goes about his day today and his opinions. He's not scared to have conversations that hurt people's feelings, and it doesn't come across as hurting people's feelings. It's just, this is how I roll, right?

I have conversations and I actually did a podcast not too long ago, or a blog, or something, and I had so much response from all of you saying like, "Oh, my God, I totally resonate with this and I totally get it." So, there was a quote that I came across recently that I just absolutely loved, and I, to start out this wonderful podcast time with all of you, I'm going to read it to you, because I think that you all are going to like it.

Ep #83: Being That Bitch and Finding Your Tribe

"I'm here for intimidating girls. The 'I thought you were mean when I first met you' girls, the girls with resting bitch faces, the girls that scare the men that try to catcall them, the girls that stand in their strong-ass opinions, the girls that take no shit, and get called a bitch for it. I love y'all and I hope y'all have a good day today. I am here for you all today. I'm here for the intimidating girls."

Man, I can't tell you how many times, it's so funny. I love the "I thought you were mean" or "I thought you were a bitch the first time I met you." I get this all the time. And I'm like, "What do you mean?" I feel like I'm just quiet. I don't think that I'm mean or intimidating. I don't mean to be at all, but I think that that's just, like, sometimes a presence, and I don't feel that way.

Even though I do feel like I do have a very strong opinion, and as I've grown and stepped into that, and discovered myself, and also created and have been okay with creating different boundaries, and standing up for what I believe in, having more confidence in myself, I can for sure get called a bitch.

And everybody can, right? It doesn't mean that I'm a mean person. I'm actually a very kind person with a huge heart. I like to see good in the world. I want to teach my daughter by example, I want to live with love and give love and support people through that as well.

But I also think that there's a lot of power also in standing your ground and standing up for yourself. I love that, and I also love "the girls that scare the men that try to catcall them." Oh my gosh, I'm telling you, I have story upon story of this, like, it goes back to younger years, especially, I think, for women.

You know, like the guys that buy you drinks at the bar and whistle at you when you're running, or pull up next to you when your car window is down and say, like, "Hey, hot thing.", whatever. And my response was always

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

"Fuck you." Or, "I don't need you to buy me a drink." Even when – even when – I was donating plasma just to buy groceries, I usually, honestly, wasn't in a bar at that time. But there's something about like, being able to support yourself and I've always been that person.

I've always been, whether it's support, you know, through my parents or through a significant other or through whatever, I've always not wanted to have to rely on someone, and find my own way. But I've also been really strong in like not wanting to ask for help.

And that can hurt you and help you. I think it allows you to be really independent and find your own way, and not, you know, rely on other people to fix your problems or create things for you. But also, it's not always a good thing to never ask for help. I'm not saying that it's a good thing to ask for help.

So, anyways, I want to talk a bit about our – you know, we have so many incredible leaders right now. Like thinking about Lizzo, like Lizzo, of course, 100% that bitch right? Like, I am that bitch. There's coffee mugs now. There's everybody like, "Yes, I am that bitch."

There's so much power in women empowerment and speaking our truth, and showing up and having an opinion and standing up for things that we believe in. Even though it's hard, it's so much easier for us in this world today.

And I think the big thing is, is ensuring and making sure that, like, you're really surrounding yourself by those types of women, you know? Like whatever it is that you're doing. For me, it's like if I jump on my Peloton, I can do a ride with Robin and she just is like a fucking ass-kicker, and so sure of everything that she does, and she says and she's, you know, she's a hard ass and she's unapologetic. And she's like, "Go get after it. No mercy. Do the hard work." Kind of tough love. I love women like her.

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

That's a workout, right? That's part of my daily routine just in a workout and you're getting that vibe, or the music that you listen to Beyoncé, Lizzo, Pink, gosh, there's so many. Cardi B, Nicki Minaj. Like, a lot of these are rappers, but it's, it's very much like standing in your own power and your strength and like, "I am a fucking queen." And really, really embodying that.

There's also so many artists that are coming out that are leading this revolution. You know, Reese Witherspoon, all the good that she's doing. Dolly Parton, what she stands for. Pink, you know, like really telling their story.

There's an incredible book, *The Wolf Pack* that I read on leadership and women in the soccer world. That was Abby Wambach, I think I'm pronouncing her last name right, but so empowering, people standing up, women standing up for other women.

And again, like I've been using this phrase a lot, but creating this ripple effect. The more that we stand up, the more that we show up, the more good that we can do in the world and empower all of those around us.

And this has not rung more true to me than after having my daughter, because so oftentimes when we feel stuck in our world, when we feel stuck in not being able to achieve what we want to, or we feel like we're not good enough, or our business isn't where we want it to be, or we have all these problems and it's "Oh, woe is me."

We are 110% focused on ourselves. We are focused only on us. And so when you can focus on something that you want to serve, that has a bigger meaning beyond yourself, serving yourself, you're going to have a totally different perspective. You will have a different outlook. You will be able to get out of your own way and show up in a different way, too.

Ep #83: Being That Bitch and Finding Your Tribe

So, perfect example of this is, you know, before I had my daughter, yes, of course I had dreams and aspirations and really big goals with my businesses, but so much of that was, yes, about the life that I wanted to create for myself and my husband, and opportunity, and my family.

But it was me. I was at the heart of that. And I think that you do have to have you at the heart of a lot of things, just so that you can align with yourself and you can create a life that you really love.

But once I had my daughter, this is where that shift, it's like so clear, when you focus on something that you're serving greater than yourself. When I started building my team in business, again, it was this shift of rather than just, you know, when I started to really align with the people that I wanted that had similar values and missions that I love working with, I don't care about my goals, I don't care about how much I'm producing, I want them to produce. I want them to have the opportunity. I want to see them winning every single day.

When I work with my one-on-one clients, when I get a response back and say like, I just had the best month ever, or, you know, I just three times my business, or I did more than I thought was possible, or, you know, you really made an impact in this area of my life.

That is what it's all about. That is us making impact in the world. That's us creating meaning. And I think when you really think about success and money and wealth, what it comes down to is us feeling like we matter, and that we're making a difference.

When I think about my daughter and the life that I want to create, that only, like, multiplied like 100 times when she came into the world. And as I bring my son into this world now too, it's a totally different perspective.

Ep #83: Being That Bitch and Finding Your Tribe

And I remember not too long ago, doing a little video on how we're so focused on women empowerment right now, and raising our girls to have a voice and a platform. And I have so many thoughts and opinions about this, this whole revolution, and I think it's really great, but I also think that there's a fine line between also showing equality between men and women.

It's not just all about women empowerment. It's not just about women are better than men. We need equality in the world. We need just as many incredible, great men as we do incredible, great women. And there's a ton of great men out there.

But I think for a period of time, and maybe even, you know, still now, we see a lot of negativity being placed on men. And I think that's going to be really difficult, too. Like, we still have to focus on our boys and bringing our boys up, and raising our boys to be incredible men with values, that have great respect and are doing good in the world, because we're all human, right?

The color of our skin, the gender that we are, we're all human at the end of the day, and creating more love and equality is huge. But with that, too, we still have to find, like, this balance and this safe place for all of us to be able to speak and work together, and have a voice so that we can learn from each other, without anger and hatred and not being scared of being able to put ourselves out there.

And it's so, so, so important for us to have a tribe of people around us that get us, as we are kind of venturing on into this world of the unknown, so that we can continue to step up and lead bigger and bigger and bigger and bigger lives.

And I know for me, every time I set a goal, I set another goal. Every time I overcome an obstacle, and feel like things are going like, you know, okay, I

Ep #83: Being That Bitch and Finding Your Tribe

challenged myself to go to the next level, and then I create another fire. I create another hurdle that I have to overcome.

And all of those have allowed me to grow stronger, and I'm grateful and I'm proud of those, so much. And even more so now as a mom, because I know, like as my kids grow, as my daughter sees me, she's going to learn by me doing. She's going to see that everything isn't always roses, you know?

Like, there's all these quotes out here about, you know, one of the quotes that I have in her room is, you know, "What if I fall and what if I fly?" It's from Magnolia market. I love it. I love it in her room. But I love that kind of stuff and I love the positivity and the world is your oyster, and we can create and achieve anything that we want possible.

But, we also have to know that there's going to be hardship along the way. We also need to know that we're not always going to win. We also need to know that not everything is going to go our way, and there's going to be hard times and there's going to be struggles and there's going to be long nights and there's going to be early mornings.

And I want my daughter to see all of that. I want her to learn so much from what I'm doing in the world. And that's where, you know, when you're looking at something, you're thinking, "Oh my gosh, this is hard." Or, "I don't think I'm going to make it." Or, "I'm just going to give up."

If you have an internal focus, it's going to be a lot easier for you to just say, "Well fuck it, I'm done. I'm out. This is too hard." If you're focusing on something greater than you, serving something greater than you, you're going to keep going, you're going to do the work, you're going to do what it takes, you're going to be brave. As Reese says, "Be brave, Mama."

Ep #83: Being That Bitch and Finding Your Tribe

I love it. I think that that might be my word of the year this year, is be brave, because it's, every time she says that, it's so powerful to me, of some of the little things that we're scared of in life, but like what is there to be scared of?

The only thing that we should be scared of is not reaching and going for our dreams, is living a life of mediocrity, is staying safe. And, you know, looking back when we're 80 and thinking, "I wish I would have done things different."

Because this is it. It's all we have. All we have is this one life, so why not go for it? Why not reach for the pie in the sky? And I know if you're tuning in and you're listening, you have that type of attitude as well, and there's so many people out there that I talked to daily that I just love, because I feel the energy and I feel the opportunity and the excitement.

And you feed off of that when someone else says, "This is my goal this year." And you've already set your goals, and they're a little bit smaller, you're thinking, "Well, fuck that. If their goal is this, like, I've got to really step up my game." And that is the power of associations. That is massive.

If you're just out doing it on your own, there's so many times that I have been like, "Wow, I'm doing really great. Look at this." Like, feeling good about business, feeling good about, you know, where I'm at, feeling good about my finances, just got a couple deals together, like whatever it may be, like feeling good about life.

And then all of a sudden, I go to a business conference or I have a coaching call, or I hear what one of my mentors is doing, or one of my Mastermind buddies is doing, and I'm like, "Shit, I've got to step it up a little bit. Like, I'm playing small." Those are the people that you need to be surrounding yourself with if you want to create something bigger than you ever thought possible.

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

You need to be challenged every single day to think bigger, to do bigger, to feel supported in doing the scary things, having the accountability of, I can't just not do this today, because I told someone that I respect that I'm doing this, and I'm going to look like the asshole that didn't do it if I don't.

Or, stating your goals. This is the other thing that I love about this is, I used to be so quiet and shy about what my goals were. Like, sometimes I don't even think I told my husband what some of my goals were. But in my mind, like I'd work with my coaches, and my coaches would know what my goals were, and I would know what my goals were, but it was kind of like a secret, almost because like I didn't quite believe that I could achieve them.

I don't know if any of you guys have set any big goals like that, where you're like "Okay, this is a really great goal, but can't let anybody know that I set this goal, because what if I fail? What if I don't hit it?"

But what if you just go all out and you do? What if you announce it to the world? What if you have a group of people that are holding you accountable to do the work that you need to do every day? Showing up every day? What if you committed to that and you announced it? What do you think is going to happen?

You're going to go for it. You are like all in. You put it up on your refrigerator, put it up in your office for everyone to see, all of your team members to see, announce it in your Mastermind group, whatever that big goal is, you have to put it out there. Get a little skin in the game.

Otherwise, it's not going to happen. If you have it tucked away in your drawer or in, you know, your yearly planner where you write all your goals down and then you never look at it again until the end of the year, and you're like, "Well, I suck. I don't even get close to this." You're not going to achieve it.

Ep #83: Being That Bitch and Finding Your Tribe

You have to see it every single day. And by seeing it every single day, then you can start to create language and thought work around it, and visualize it, and understand what it's going to take in order for you to get there.

And the accountability piece is huge. I'm telling you, absolutely huge. Finding a tribe of people that are going to push you to the next level, that make you feel like you have to show up, and if you don't, you're going to do a disservice. It's the same thing as serving yourself versus serving other people. You don't want to let other people down. It's bigger than you, right?

So this was a topic that came up in our Mastermind this last year. So the first time that we ran our Millionaire Mastermind was this last year, 2019, and then we're running it for the second time in 2020, and I can't wait. So, I'm super excited about it because one, we have some of our heavy hitters coming back to this one, that did really big things.

This next year, we're making it better. We're going to create a little bit of a different outline, and I'm just so excited. I'm so excited and fired up about it, but I'm also really, really excited about the people that I have in this group, because of, one, how they showed up for themselves and each other this last year. But also, I just know that that's going to be on the next level in 2020.

And one of the conversations that I remember having on one of our calls this past year was around, at one point in our lives or in our businesses, having this feeling of, "I'm a bitch." Like, people can kind of perceive me as a bitch.

And then coming to another phase of feeling like, maybe I need to be nicer. Or maybe I need to change my attitude or my ways or how I lead or whatever it may be. And these are incredible women. They're not bitches by any means. They're just incredibly sure of themselves.

Ep #83: Being That Bitch and Finding Your Tribe

And I think that we have to differentiate between having a strong personality and a strong opinion and being able to stand our ground as women, versus stepping into this place of, you know, I'm a bitch and I need to tone it down, or I need to be nicer, I need to change who I am.

Because the second that we start changing who we are, we're not aligning with the values and the effort and the magic that we can bring into the world. Like, look at Beyoncé. She's not going to take shit from anybody, and she's doing so much good. She has an incredible presence, an incredible business. She's not changing who she is because people don't like her.

And I think it's really, really, really empowering and powerful for us to align and connect and not to be like, evil or bring people, you know, sometimes bitch can be referred to as, like, a negative perception, but owning that, owning that in a kind and generous way, but also being able to align with other people that get you.

Because, again, otherwise, it's so lonely, and I feel like I have so many of these conversations where people are like, yes, yes, like I have been there. Or, I really resonate with this. Or, you know, people don't like me because of this, or they think that I mean.

And it's not that we're mean or unapproachable at all. We just have strong opinions, and it's different for men than women. And it's important for us to continue to stand that ground and continue to do the work and continue to put ourselves out there and continue to be advocates for what we believe in and doing things that are bigger, because that's the only way we are going to be able to create this big incredible life that we want to create.

And there's nothing, nothing wrong with you. There is nothing wrong with having big aspirations and dreams. There's nothing wrong with having boundaries. There's nothing wrong with having an opinion, or being

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

outspoken. There's nothing wrong with someone not agreeing with you or not liking the way that you do business.

And I don't want you to change that. We can all learn and grow and understand and uncover, maybe, some of the strengths that come with that, and maybe change our approach a little bit in terms of, like, how we communicate or articulate it, so that we can be understood better, we can learn from that.

But, by no means should we ever change who we are or what we believe in, in order to make other people happy, or to make other people feel like we're living by their rules, or building businesses based off of whatever their values are. It's very, very important to align with what our values are, and to align with a tribe that really, really supports you in those endeavors.

So, if you feel like you are 100% that bitch, like Lizzo says, amen, sister. I am here for it. I'm here for the intimidating girls. I have been one, I feel like, and the more that you step into that and you recognize it, and you're just like, you know what? This is who I am. Like, this is who I am, take it or leave it, the more that you are going to align with those types of people that really fill you up.

And so, finding your tribe. Like understanding, like, what is a tribe? Finding a tribe, finding your inner circle, aligning with the right people that are going to allow you to grow, like having good associations, understanding these whole concepts, how do you find them?

And this is how. It's stepping into this place of, this is who I am, and I'm unapologetic about it, but it's so much easier to navigate this road if you have a support system that truly does understand and gets you, outside of your family. Outside of the family that loves you, but people that are actually out there doing the same thing that you can connect with.

Ep #83: Being That Bitch and Finding Your Tribe

And the more that you're clear about who it is that you are, and what it is that you need in terms of a friendship, or a mentor group, or an accountability partner, or, you know, a support system, a coach, a mentor, whatever it is, you are going to find it.

So getting crystal clear on what you feel like you're lacking. Again, a lot of people, like, when I talked to them initially, they think like, "I'm like the black sheep. I'm the first person in my family to do this." Or, "I feel like my friends just don't get me because I'm really into this." Or, "I want to focus on my business." Or, "I'm turning down going to weekend events." Or, "I'm not going out at night." Or, "I missed this birthday party or this wedding." Or, "I didn't go participate in X, Y, Z."

You name it, all of these expectations that are pushed on us and then when we start to kind of step out of that zone, or start to make a shift out of our comfortable associations and our friendships it starts to get uncomfortable, because people don't like it.

If you are surrounded by other people where you are the highest player, you're going to go down. You're not going to continue to grow, and the people around you are going to try to pull you down, as much as maybe they love you, they're going to say it and brainwash you in a different way. But they don't want to see you grow outside of their friendship because they're scared they're going to lose you.

So you have to surround yourself by people that are playing at a higher level, or going for the same things as you, so that you can feel filled up and feel supported in that way, and finding a good tribe for you, finding a good association.

I often say, I've said this before, and I'll say it again, because this has literally changed my life. Some of the best friends that I have in my life right

Ep #83: Being That Bitch and Finding Your Tribe

now, of course, I still have family, your family you love. You don't get to choose your family. Love your family, pick your friends, okay?

So, love your family. You don't have to change your family. It can be difficult sometimes when we're talking about spouses, significant others that either support us or don't support us and we're trying to grow with them, because you love them.

That's a tough spot and there's a lot of work you can do around it. And sometimes it's a journey to do that together with someone that you love, but your family, your mom, your dad, your sisters, your brothers, your family is your family. Love your family, pick your friends, pick your associations.

And I can tell you that the handful of friends that I have, like of course I have really great friends from high school. I have really great friends from childhood. And yes, I keep in touch with them every once in a while, but you know, maybe it's like we see each other on the holidays or whatever. And people circle back into your life too.

But the people that I have in my life right now that I consider like, my tribe, my close friends, are people that I've connected with through my business, essentially. So, a lot of my closest friends and my, my inner circle, a lot of my coaches have become incredible friends of mine, like people that I can hang out with outside of, you know, work or whatever. I enjoy being around them.

My Mastermind friends, I've acquired incredible friendships through Masterminds. It's not just a one-time investment. A lot of people look at an investment and they think, "Well, what's this whole Mastermind thing about?" Or, "What is a Mastermind and why do I need it? I have friends." Or, "It's really expensive for this period of time. This is all you get."

Ep #83: Being That Bitch and Finding Your Tribe

It's not all you get. You can make lifelong relationships, and these people in these groups that you meet from all over the world, all over the country, they become a part of your life and a part of your story, and you see what they're doing along the way and it inspires you to keep going too.

So, some of the connections that I've made through Masterminds have been incredible friendships. And also, some of the people in my life previously that are also working towards common goals, that are on that same path, we've reconnected through different efforts of business development and growth in Masterminds and coaching, and it's really, really an incredible thing.

So, I can't put a dollar amount on what I have gained in my life. I can't put a financial number on it from investing in coaching and investing in, you know, business retreats that I've gone on, that you spend six days with someone and you think, I'm never going to see them again.

But you see them. You see them all the time. You see what they're doing, you know their story, you go through very intimate settings with them and you learn about them and their families, and there's this closeness and this bond, and it's literally life changing.

And so I often say, my paid friends, I like my paid friends more than I like my free friends. And not to say that like, I don't have friends, or I don't like people, or I don't like my free friends, but I have acquired so many great friendships through these different groups that have become such a massive part of not only my life, but my business life, my family's life, my husband's life. We've just created so many incredible connections from all over, that has allowed us to really expand and open up our eyes to a whole other world.

As men, I think that there's a lot out there. As women, I think it's becoming more and more common to see groups that support women in business.

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

Okay, so *Working Moms*, if any of you guys are listening that also have kids, love that show. Oh my gosh, like I almost couldn't get through like the first couple of episodes, because I was like laughing and crying at the same time, it was just too real.

But, I mean, that's life, like being able to really like have people that support you and understand what you're going through, whatever you're doing in your life, I think is so, so important. But it's becoming more common for women, women in business, to have associations that are all women groups that are not male dominated, where you're not like, I've been many times the only woman in a group or in a conference room, and I have no problem.

I've always said this, I have no problem rolling with the boys, but after I had my daughter, and also as I've continued to grow and learn as a leader, there's different things that you have to overcome and learn. And there's, for sure, it's a different world then for a man and a woman. And again, I totally believe in equality, but I also believe in, you need a sisterhood.

You need a tribe of women that get you when you have this strong personality and drive to achieve something bigger than isn't your spouse, that isn't a family member, that can really lift you up and gets you. So powerful.

So, that's my rant on a tribe. Like, if you feel this way, know that you're not alone. And I've said this a lot lately, but you're not alone and don't try to change yourself to be liked or adapted to, in order to gain business or gain friendships or whatever it is. Like, be you. Show up as you. The more that you show up as you, the more you're going to attract people that are really going to make an impact in your life that you want.

Less is more. You don't need 50 friends, you need like, I don't know, for me I need like three, five, maybe, you know? Really close friends that you can

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

call up that get you, that you absolutely love. And for me, a lot of those friends are like, "Okay, I'll text you." And then you don't hear from me for two weeks, and I'll text you and I don't hear from you for two weeks, and that's totally cool. There's no drama around it, right?

So, find your tribe. Find people that lift you up, that support you. That's the only way you're going to be able to really, really, really take your life to the next level and feel supported. There is nothing better than feeling supported.

And it's something that I really came into over the last couple of months and I've talked about a little bit too, is that for the first time in a really long time, whether it is in business, within my own being, like feeling supported spiritually, feeling supported towards going towards something bigger.

And when I say supported, like really, truly believing and knowing that, regardless of what obstacles present themselves on a day-to-day basis, I feel 100% supported and everything that I'm setting out to achieve, I will achieve. I feel supported by my mentors. I have incredible coaches that I work with, and I feel supported by my Mastermind groups.

I feel so supported, and that support gives you so much confidence in being able to do the hard things, supporting your vision for life and this, you know, story that you're writing along the way, and allowing you to feel the love and the confidence, having confidence in yourself, and take that through every area of your life.

So, I'll leave you guys with that. If you're looking for a tribe this year, our Millionaire Mastermind is open starting soon. You can apply in the link below. See if it's a good fit for you. We have a rock star group of people that I'm super, super excited about, and I promise it will be life changing in so many different areas of your life and in your business.

[Love Your Living](#) with Brooke Keeling

Ep #83: Being That Bitch and Finding Your Tribe

So, if you're looking for a tribe, if you feel like this resonates with you, check out the link below and let's chat. And, until then, let me know where you guys are at. I love hearing from you guys. Let me know if you have questions, and keeping on, know that there's so many people out there that are just perfect for you, you just have to find your tribe. And we'll talk to you all soon.

Are you looking to scale your business to multiple six figures and seven figures in the next 12 months, but growing your business feels more like a death sentence than something that lights you up? You're constantly feeling like you're doing the tasks, you're working, you're showing up, day in and day out, but you feel overwhelmed and tired and all over the place. You feel like you're on a merry-go-round with no stop anytime soon, and you're almost doing all of this work to take one step forward and three steps back.

You guys, I have been there. And after building, growing, and scaling three multi-six-figure and seven-figure businesses, I know what it feels like to have a dream and a passion that grows beyond measure, and to create a legacy that makes an impact; your dream. But it's not always easy going to the top alone and neither is it any fun.

So, if you have big goals over the next 12 months, let's team up, I would love to chat with you. I'm now accepting applications to help a handful of powerhouse women break through and scale in the most fun, sustainable, and stress-free way possible. So, click the button below to apply for a breakthrough session today.